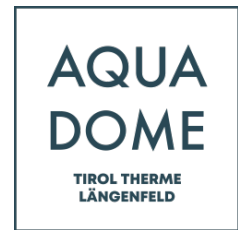


PRESS RELEASE
AQUA DOME - TIROL THERME LÄNGENFELD
Spring



03/2026



[Tips for a de luxe holiday in and around the AQUA DOME - Tirol Therme Längenfeld, honoured with the World Spa Award 2025](#)

Where to find a little piece of luxury at the AQUA DOME – and why it's so good for you, especially in spring

Sometimes a little piece of luxury simply does us good. Especially when it's not about consumption or status, but about the conscious appreciation of genuine quality, aesthetics and the collection of beautiful experiences. In the finest, purest Alpine air – pure luxury for anyone who wants to take a deep breath. The AQUA DOME is located at an altitude of 1,180 metres: a high-end holiday destination that was recently awarded the World Spa Award 2025. The beautiful spa resort features stunning architecture and is considered one of the best in the Alps – and doesn't even have to shy away from global comparison. Luxury can be felt here in the newly extended sauna area; not only because of the personal space, but also because of the high-quality materials used in the new relaxation room.

The SPA 3000 for hotel guests only (from 15) sets further exclusive accents. The SPA also offers premium treatments that go deep under the skin's surface for visible effects, especially in spring. The new 'Freiraum' junior suites provide a premium living experience, while the regional cuisine around the Alpine arc offers a culinary voyage of discovery. However, the extraordinary outdoor offer with 4 hiking and cycling guides at the AQUA DOME is a very special luxury; look forward to daily outdoor activities on routes that only locals know – and without any preparation on your part. You can even travel to the AQUA DOME by public transport.

Short text: 1548 characters

Just get out – with 4 nature guides

The thermal spa resort is also ideal for bikers: 40 e-mountain bikes and 10 city e-bikes are waiting to be ridden, there are guided bike tours with the AQUA DOME bike guide several times a week, plus there's a bike wash station and a bike cellar. And above all: tour tips from locals for all levels of difficulty. The Längenfeld loop is an easy family excursion, mostly along the Ötztaler Ache river, with the Ötztal local history and open-air museum as an interesting stop. One of

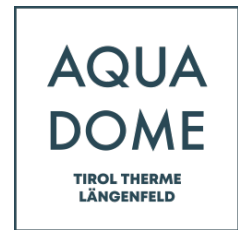
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Ein Resort der:



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the more challenging top tours in the bike area around Längenfeld is the tour via Gries up to the rustic Nisslalm.

As an AQUA DOME guest, you can entrust yourself to your hiking guides Maria, Patrizia and Susanna and take home the greatest outdoor experiences as a lasting holiday memory! How about an easy hike to get you started – including a nature experience and fascinating information about the region's origins? From the AQUA DOME, you'll first set off on the 5.7 km long geological nature trail, which provides exciting insights into the geology of the Ötztal at 11 stations; an impressive trail with bizarre rock formations and tranquil forest. A stop at the idyllic Winklbergsee lake with a view of the clear water and small islands is a must, before returning via the circular trail. Another insider tip: hike through the Ötztal high forest up to the Wiesle, a beautiful alpine pasture in a large forest clearing. On the way back to Umhausen, marvel at the impressive view of the Stuiben Falls, the highest waterfall in Tyrol with a drop height of 159 metres. And take a deep breath.

12 pools, 12 saunas and thermal water drawn from a depth of 1,865 metres

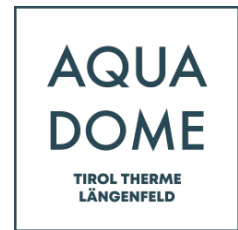
After all these activities, there is plenty of time to savour the thermal spa and wellness luxury of the AQUA DOME to the full. Freshly remodelled, the sauna area guarantees relaxation at the highest level, with more space and high-quality materials complemented by the high-quality SPA 3000! The newly developed sauna concept is only available in the AQUA DOME: infusion rituals with unique infusions and peelings as an alpine journey with essences, oils, leaves and flowers. The new relaxation room for 60 people is also an extremely stylish place – just like the three 'floating' bowl pools outside under the mountain peaks. In 12 pools you can feel the elemental power of the precious thermal water drawn from a depth of 1,865 metres, ideally in combination with 12 saunas. The largest wellness area in Tyrol, covering 20,000 square metres, also has one of the best SPAs in the Alps. The premium treatments here are a real treat in spring. Such as JetPeel® : the high-tech recommendation for radiant skin, especially in combination with DermWave Pro® .

Culinary delights & premium living in new junior suites

If you want to celebrate the evening a little more luxuriously on holiday, treat yourself to a creative aperitif, with or without alcohol, at the bar before dinner – and feel a bit like a star under a sophisticated mirrored ceiling. The cuisine at the AQUA DOME is unmistakable because it follows the Alpine theme; recipes from all regions of the Alpine arc come together with local specialities. Fancy Ötztal trout with Alpine caviar or poppy seed strudel lasagne? The breakfast buffet also serves up a large selection: smoked meats from the butcher's, a variety of cheeses from the Alps or fresh yeast plait with Alpine butter from the bakery. There are porridges, protein shakes and smoothies. Even intermittent fasting and a menu that follows the principles of 'clean eating' are possible at the AQUA DOME. And for those who want to treat themselves to the luxury of a special room, the new 'Freiraum' junior suites are flooded with light and boast huge panoramic windows, modern design, soft colours and high-quality materials. A partially open fireplace serves as a room divider and eye-catcher between the living and sleeping areas.



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Two 'Maylights' with free holiday time

A tip: in May, the AQUA DOME is giving away a day of valuable relaxation time. The two 'Maylight' offers are ideal for everyone. Anyone travelling in May for 4 nights (on a Sunday) or for 7 nights (daily) will receive one night as a gift. Good for single travellers: The single room supplement is waived for both May offers.

Long text: 5,964 characters

Information: AQUA DOME - Tirol Therme Längenfeld, Oberlängenfeld 140, A-6444 Längenfeld, Tel: +43 5253 6400, www.aqua-dome.at, e-mail: marketing-pr@aqua-dome.at

High-resolution images of the AQUA DOME Tirol Therme Längenfeld are available for download on our homepage in the press section. Photo credits required: (left & centre) ©AQUA DOME, (right) Ötztal Tourismus, photographer Roman Huber

About the VAMED Vitality World

VAMED Vitality World has been active in the spa and health sector since 1995 and today operates six of the most renowned resorts in Austria: the AQUA DOME - Tirol Therme Längenfeld, the Spa Resort Geinberg, the Therme Laa | Hotel | Silent Spa | Villas, the St. Martins Therme & Lodge in Frauenkirchen, the Therme Wien and the TAUERN SPA Zell am See - Kaprun. Together, the six resorts employ around 1,700 staff and welcome around 2.6 million guests every year. This makes VAMED Vitality World the leading operator of thermal spa resorts in Austria.

