

PRESS RELEASE
AQUA DOME - TIROL THERME LÄNGENFELD
GENERAL



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[A centre of attraction for over 20 years and Tyrol's largest wellness area: AQUA DOME - Tirol Therme Längenfeld](#)

Active relaxation and high-end wellness at the 'World's Best Mineral & Hot Springs Spa 2024'

For over 20 years, AQUA DOME - Tirol Therme Längenfeld has been recognised as the highest quality spa resort in the Alpine region. This was confirmed once again with the 'World Spa Award' for 'World's Best Mineral & Hot Springs Spa 2024' for top performance in the spa and wellness sector. Float weightlessly in the brine bowl while marvelling at imposing three-thousand-metre peaks – your wellness dream comes true in the AQUA DOME, with a total area of over 65,000 m² and maximum individual freedom. The most modern and architecturally impressive thermal spa resort in the Alps is located in the heart of the Ötztal, impressing with its futuristic-looking water and sauna world, SPA & Fitness, as well as the modern 4-star superior hotel for whose guests (aged 15 and over) the award-winning SPA 3000 is reserved.

The architecture blends in with the surrounding nature everywhere. The entrance hall, bar and restaurants in the hotel have recently been modernised in a new style, with a glass extension for even more views of the tall Alpine mountains outside. The colours and shapes of the high-quality interior appear inspired by nature, while also creating colourful accents and statements. Contrasts have always characterised the AQUA DOME: thermal water from a depth of 1,865 metres meets 250 3,000-metre peaks, fire meets water, tension meets relaxation. The power of these opposites allows both body and mind to recharge to a new level: "Lift your Spirit!" is the motto of one of the top locations for high-end wellness, attracting couples and families as well as day-holidaymakers, active people and those looking to relax. After a culinary cultural exchange in the spirit of the 'Alpine arc', celebrate the evening in style at the sophisticated mirrored bar with live music – inspired by the knowledgeable bar team – before wood-scented rooms ensure a deep sleep.
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The AQUA DOME concept focuses on active relaxation; work out in the middle of Ötztal's nature, surrounded by 250 three-thousand metre peaks – then come down, relax and soak up the cosy warmth of the thermal spa. Take off your hiking gear or ski overalls, put on your swimwear and float in the 34° to 36° Celsius Ötztal thermal water, drawn from a depth of 1,865 metres. Dive into the Ursprung thermal dome, the centrepiece of the AQUA DOME. Through the river pool connecting the indoor and outdoor thermal baths, you'll reach the three 'bowl pools' under the open sky: these architectural marvels, which look as if they are floating beneath

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mountain peaks, have long been the unmistakable landmark of the AQUA DOME. The massage bowl has a revitalising effect; the sulphur bowl, whose thermal water is regularly enriched with pure sulphur water, is good for the skin. But it is in the brine bowl (with five per cent salt content) that you will find the ultimate relaxation – not least thanks to the music and light effects.

An energy kick that you have to experience for yourself. Just like the AQUA DOME, a total work of art that brings everything together under one roof. The largest wellness area in Tyrol has a total of 20,000 square metres for thermal baths and wellness: 2,200 square metres of water in twelve indoor and outdoor pools, eleven saunas and steam baths, a large fitness area and three restaurants. Families can let off steam in the Alpen Arche Noah children's world – without disturbing guests seeking peace and quiet, who will find their luxurious spa experience in the exclusive Spa 3000 for hotel guests and day-holidaymakers. The power of Ötztal's resources is impressively showcased here. Fragrant Alpine herbs and revitalising minerals, flickering fire, water and ice. If you look out at the imposing mountain world through the pointed windows, modelled on the peaks, you can feel it – architecture merges with nature, the inside with the outside. Complemented by AQUA DOME's Thermal Deep signature treatments and modern high-tech beauty treatments in the SPA. Don't miss the imaginative infusions in the sauna world, the high-end equipment from Cybex and the wide range of courses in the fitness centre. But above all don't miss the moonlight bathing, at the AQUA DOME every Friday until midnight. Torches are lit all around as the breathtaking starry sky unfolds over the thermal spa – unforgettable moments of night swimming that are as romantic as it gets.

Active with the AQUA DOME guides: hiking and (e-)biking

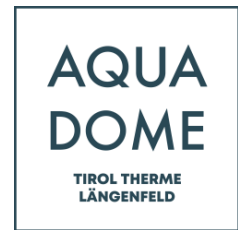
Activities in the Ötztal are an integral part of an AQUA DOME holiday, and you can discover the most beautiful places in Ötztal on our daily guided tours. 1,600 kilometres of hiking trails are waiting to be explored. The mountain calls, the soul answers! A leisurely nature hike to the Winklbergsee lake with Maria? Or the 'Water Strider Circular Trail'? It leads from the AQUA DOME along the Fischbach to the Brandalm, and then on to Burgstein with magnificent views. The highlight is the 85 metre-long suspension bridge, which hovers 220 metres above the valley floor. Prefer to travel by (e-)bike? The 52-kilometre Ötztal Cycle Trail leads through the valley and away from major roads, often along the Ötztaler Ache river, through wild rocky landscapes and on to idyllic places – and right past the summer terrace of the AQUA DOME, perfect for a rest in stylish lounge furniture. A fleet of 50 high-quality (e-) bikes awaits you at the AQUA DOME to explore all kinds of routes and bike & hike trails. Don't miss the guidance from our in-house bike trainers with tips, tricks and exciting routes. Perhaps up to the Feuerstein or on the Köfler Runde. And if the weather doesn't play ball, an excursion to the old village smithy in Niederthai is an interesting option; blacksmithing is an ancient craft that is still of great importance to the region.

Winter at the AQUA DOME: would you prefer skiing or off-piste?

The free ski bus takes skiers directly from the AQUA DOME to Sölden, one of Austria's top ski resorts, versatile and with guaranteed snow from 1,350 to 3,340 metres. But Sölden is far too good just for skiing – at an altitude of over 3,000 metres, you can come face to face with James Bond in the '007 Elements' cinema installation. The AQUA DOME guides will take you on a ski guiding tour with breakfast in a mountain hut or a tobogganing evening with fun in a mountain hut. The AQUA DOME's daily winter activity programme also includes curling and cross-country skiing, snowshoeing, and alpaca and lantern hikes. And adrenaline junkies can enjoy 'Area 47' at the entrance to the valley, Austria's largest outdoor leisure park. How good that there is the 'quiet side' of the valley as a contrast, where there are no ski resorts. A discovery for



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all those who want to feel the power of nature hidden under a thick blanket of snow. Maybe on the way to the authentic Stallwiesalm, or ice skating on the 'power place', the Piburger See.

Culinary delights, hotel and meeting area

Alpine-modern cosiness characterises the 4-star superior hotel of the AQUA DOME, which is connected to the thermal spa and sauna worlds via a bathrobe corridor. 200 extremely spacious double rooms and suites provide cosy privacy in a modern Alpine style with lots of wood. The AQUA DOME is proud of its rural roots and the diversity of Alpine cuisine, whose culinary specialities are often influenced by the harsh Alpine climate. The kitchen team adapts traditional recipes, local specialities as well as ingredients and production methods from the Alpine region and gives them a surprising new twist – from breakfast to dinner, the Alpenbogen cuisine is an exciting cultural exchange. For business travellers and companies, there is also a 900 m² meeting area for events of up to 800 people – even for car presentations.

Long text: 7,893 characters

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High-resolution images of the AQUA DOME Tirol Therme Längenfeld are available for download on our homepage in the press section. Photo credits required: ©AQUA DOME

About the VAMED Vitality World

The international healthcare group VAMED has been active in the thermal spa and wellness sector since 1995. Founded in 2006, VAMED Vitality World currently operates six of the most popular resorts in Austria: the AQUA DOME - Tirol Therme Längenfeld, the SPA Resort Geinberg, the Therme Laa - Hotel & Silent Spa, the St. Martins Therme & Lodge in Frauenkirchen, the Therme Wien and the TAUERN SPA Zell am See - Kaprun. This makes VAMED Vitality World the leading operator of thermal spa resorts in Austria.

