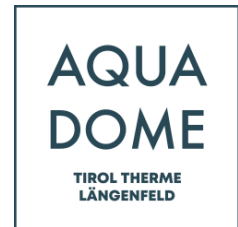


**PRESS RELEASE**  
**AQUA DOME - TIROL THERME LÄNGENFELD**  
**AUTUMN 2024**



09/2024



**New look & feel: AQUA DOME - Tirol Therme Längenfeld**

## **Get active in the colourful landscape of the Ötztal, and recharge your batteries at the best thermal spa resort in the Alps**

For exactly 20 years, AQUA DOME - Tirol Therme Längenfeld has been regarded as the highest quality and most architecturally exciting thermal spa resort in the Alps; a high-end tip from the Ötztal. And not just since the recent renovations. There real highs to be found between 250 three-thousand metre peaks and the elemental power of thermal water from a depth of 1,865 metres. In autumn, the combination of wellness and thermal spa is perfect for recharging your batteries and strengthening your immune system for the winter. Look forward to sauna infusions and signature treatments. The softer temperatures also entice you to get active outside, accompanied by the colourful spectacle of nature. The most beautiful impressions of autumn can be collected during the cattle drive in Ötztal. Or in the valley of the 'Granten', as the cranberries are called here, which grow on mountain heaths from 1,400 metres above sea level. The garnet-red splendour at the top and the foliage colouring in the valley are an irresistible photo motif! An endless 1,600 kilometres of hiking trails are waiting to be explored. And it's just as ideal for biking in autumn. First work out, then relax in the AQUA DOME: in the 12 indoor and outdoor pools of the thermal spa and in the 11 saunas. Tip: Float in the 'bowl pools' under the open sky and marvel at the peaks. Surrounded by mountains, places of power and water, your body and mind will be in high spirits here: lift your spirit!

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### **Stylish and cosmopolitan: new look and feel**

For 20 years, the nature of the Ötztal has inspired the AQUA DOME. Not only in the award-winning SPA 3000, but also in the newly remodeled and extended restaurant areas and the newly designed entrance hall with bar and fireside lounge. The aim is to convey the feeling of staying in the heart of the Alps – but with modern inspiration.

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The view from the five restaurant areas into the high alpine mountain world outside is incomparable, and each setting has been designed differently in terms of colour and materials. Modern, stylish interiors also ensure a cosmopolitan overall impression.

With its mirrored ceiling, the new bar makes a real statement in the lobby. The passionate and knowledgeable bar team has selected well over 100 types of gin, taking even connoisseurs into a whole new world of flavour. Non-alcoholic homemade lemonades and cocktails, such as the basil and apricot lemonade or the punch spritzer, are also full of flavour. In the evenings, stylish bar entertainment is complemented by music events. And in the new restaurants, not only the eye but also the palate is delighted: the AQUA DOME kitchen team puts a surprising new spin on traditional recipes and local specialities, ingredients and production methods from the Alpine region.

**Glowing colours for autumn hiking and biking**

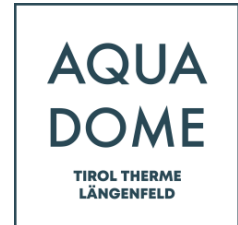
Activities in Ötztal are an integral part of an AQUA DOME holiday, and you can discover the most beautiful places in the Ötztal on our daily guided tours. Connoisseurs know that autumn is the perfect time for hiking and biking. Everything can go a little slower when the sun is low and the colours glow. The mountain calls, the soul answers! A leisurely nature hike to the Winklbergsee lake with Maria? Take the exciting geological nature trail to the lake, which radiates the tranquillity of a place of power. Or the 'Water Strider Circular Trail', leading from the AQUA DOME along the Fischbach stream to the Brandalm, and then on to Burgstein with magnificent views. The highlight is the 85 metre suspension bridge, which hovers 220 metres above the valley floor. Prefer travelling by (e-)bike? The 52-kilometre Ötztal Cycle Trail leads through the valley away from major roads, often along the Ötztaler Ache river, through wild rocky landscapes and on to idyllic places. A fleet of 50 high-quality (e-)bikes awaits you at the AQUA DOME to explore all kinds of routes and bike & hike trails – also with our guide Ralph, who knows the most beautiful bike trails. And if the weather doesn't play ball, a trip to the old village smithy in Niederthai might be interesting; blacksmithing is an ancient craft that is still of great importance to the region.

**Luxurious relaxation in the thermal baths, saunas and SPA**

First the tension, then the relaxation: that's what active recreation is all about! Surrounded by mighty peaks, the AQUA DOME is one of the top locations for wellness and relaxation with its futuristic-looking water and sauna worlds, 'thermal deep' signature treatments and private Spa 3000 for guests of the thermal spa resort. The special kick is provided by the thermal water from a depth of 1,865 metres in 12 indoor and outdoor pools. Another highlight is the private Spa 3000 (from the age of 15), with many regional spa treatments for your own use and impressive views of the mighty peaks all around. The contrast of the rugged nature of the Ötztal and thermal spa luxury strengthens body and soul and releases fresh energy. In addition to the thermal spa and (11!) saunas, a variety of treatments, including the hotel's own 'thermal deep' signature line combining thermal water with regional herbs, ensure this. And last but not least, families with children are also catered for – without disturbing those seeking peace and quiet – with the separate 'Alpen Arche Noah' water world, including a water fun park on the deck of a ship.

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**High-resolution images of the AQUA DOME - Tirol Therme Längenfeld are available for download on our homepage in the press section. Photo credits required: @AQUA DOME.**

**About VAMED Vitality World** The international healthcare group VAMED has been active in the spa and wellness sector since 1995. Founded in 2006, VAMED Vitality World currently operates six of the most popular resorts in Austria: the AQUA DOME - Tirol Therme Längenfeld, the SPA Resort Geinberg, the Therme Laa - Hotel & Silent Spa, the St. Martins Therme & Lodge in Frauenkirchen, the Therme Wien and the TAUERN SPA Zell am See - Kaprun. This makes VAMED Vitality World the leading operator of thermal spa resorts in Austria

